

CASE STUDY

Since 2013 the Sustainability Team has provided a retained Sustainability service to East Sussex Healthcare NHS Trust.

The team works closely with the Trust's own staff and services to develop and deliver all aspects of its sustainability programme, including developing its **Sustainable Development Management Plan**, providing energy management services, implementing green travel initiatives and running staff engagement campaigns.

The team identified over £500,000 cost savings in year one and has developed a carbon reduction programme to reduce its emissions by 34% by 2020.



“ THROUGH THE TEAM’S INPUT WE NOW HAVE A REALLY CLEAR AND EFFECTIVE APPROACH TO SUSTAINABILITY AT EAST SUSSEX HEALTHCARE TRUST.

THEIR CARE WITHOUT CARBON APPROACH HAS PROVIDED A SIMPLE ROUTE MAP THAT STAFF ACROSS OUR TRUST CAN UNDERSTAND AND IT’S ALREADY PROVING VERY EFFECTIVE – OVER HALF A MILLION POUNDS SAVINGS IDENTIFIED THIS YEAR ALONGSIDE A MAJOR REDUCTION IN OUR CARBON FOOTPRINT.”

MARK PAICE
ASSISTANT COMMERCIAL DIRECTOR – ESTATES
EAST SUSSEX HEALTHCARE NHS TRUST



CONTACT US

For more information on how we can help you implement

CARE WITHOUT CARBON



please contact:

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CAPITA

We | Listen Create Deliver

CAPITA

Sussex Community 
NHS Trust

CARE 
WITHOUT
CARBON

CWC



what is CARE WITHOUT CARBON?



is a new and unique approach to achieving sustainable healthcare developed by **Capita's** healthcare sustainability team in partnership with **Sussex Community NHS Trust**.

According to The Lancet, the leading general medical publication, climate change is the 'biggest global health threat of the 21st Century'.

CWC shapes Sussex Community Trust's vision and response to addressing climate change and identifies how the Trust must adapt to become a more economically, environmentally and socially sustainable business through seven steps.

Whether you've already started to implement your own sustainability initiatives or are yet to develop your plans, **Care Without Carbon** is an approach that can be applied to any NHS organisation looking to reap the benefits of more sustainable models of care. Having formulated Sussex Community NHS Trust's approach to sustainable healthcare, Capita is now successfully applying **CWC** to other NHS Trusts, with over £1.5 million annual cost savings already identified.

WE BELIEVE THAT ALL HEALTHCARE ORGANISATIONS SHOULD ASPIRE TO DELIVER CARE IN A WAY THAT ELIMINATES HARMFUL ENVIRONMENTAL IMPACTS AND PUTS SUSTAINABILITY AT THE HEART OF THE BUSINESS MODEL

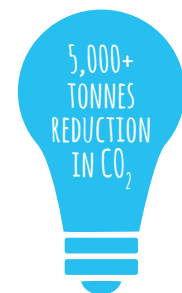
PAULA HEAD
CHIEF EXECUTIVE
SUSSEX COMMUNITY NHS TRUST

what are the BENEFITS?

By taking coordinated action through **Care Without Carbon** your Trust will:

- ▶ Improve the health and wellbeing of your workforce through increased physical activity and reduced sickness absence and workplace stress
- ▶ Better your ability to deliver patient care during floods, heat waves and other extreme weather events caused by climate change
- ▶ Maximise operational cost savings through energy, travel and waste efficiencies
- ▶ Reduce your carbon footprint in line with legally binding targets set by the Climate Change Act 2008
- ▶ Enhance your reputation by setting an example in sustainable development and carbon reduction

THROUGH CARE WITHOUT CARBON, SUSSEX COMMUNITY TRUST EXPECTS TO ACHIEVE SIGNIFICANT CO₂ AND COST SAVINGS BETWEEN 2014 AND 2020:



how does it WORK?

Seven steps to sustainable healthcare



ADAPTION

Ensuring our infrastructure and operations are resilient to climate change



PROCUREMENT

Creating an ethical and resource efficient supply chain



WELLBEING

Enhancing the wellbeing of our workforce



BUILDINGS

Reducing the environmental impact of our estate



CULTURE

Informing, empowering and motivating people to achieve sustainable healthcare



JOURNEYS

Minimising the health and environmental impact of travel



GOVERNANCE

Embedding sustainability in corporate governance structures