

HEALTH, PLANNING & SUSTAINABILITY ONLINE RESOURCE



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Welcome!

This website aims to help practitioners navigate the plethora of tools and resources for joint working on planning, health and sustainability. It demonstrates the added value that can be generated through working together.

[Get started](#)

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<http://healthsustainabilityplanning.co.uk>

Welcome to Kent and Medway's NEW Health and Sustainable Planning Online Resource – PLEASE COME AND HAVE A GO!

The **purpose** of this online resource is threefold:

- 1) To assist planners in making informed decisions in support of healthcare and sustainability, supporting delivery of the National Planning Policy Framework in a locally appropriate way;
- 2) To support health and sustainability professionals in understanding the planning system;
- 3) To facilitate and support joined up working between planning, health and sustainability officers in order to deliver across multiple outcomes more efficiently.

The resource is a direct result of recommendations within Kent's **Joint Strategic Needs Assessment**, particularly the sustainability needs assessment.

The **ultimate outcome** of applying the online resource should be improved health and wellbeing for all, a higher quality environment, and reduced health and social care costs and carbon emissions.

Structure of the online resource

Separate sections are provided for planners, health and sustainability professionals. Each is structured using key questions e.g. why address health through planning?

The screenshot shows the 'Planners' section of the website. At the top is a navigation menu with links: Home, About, Planners, Health, Sustainability, Joint working, Case studies, and Key resources. Below the menu is a dark teal header with the word 'Planners' in white. Underneath, there is a breadcrumb trail: 'Home > Planners'. The main content area features three columns, each with a title, an image, and a short paragraph of text with a 'Read more' link.

- Why address health through planning?** (Image: Two people riding bicycles on a path) - There are many reasons why planners should work with health professionals to explicitly tackle health issues. [Read more](#) →
- How to address health through planning?** (Image: A person walking a dog in a park) - This section provides the evidence base, case studies and tools to directly address health and sustainability through core planning work. [Read more](#) →
- When to address health through planning?** (Image: A person riding a bicycle on a road) - Key stages in planning policy and development management processes where health considerations could feed in. [Read more](#) →

The screenshot shows the 'Health' section of the website. At the top is a navigation menu with links: Home, About, Planners, Health, Sustainability, Joint working, Case studies, and Key resources. Below the menu is a dark teal header with the word 'Health' in white. Underneath, there is a breadcrumb trail: 'Home > Health'. The main content area features three columns, each with a title, an image, and a short paragraph of text with a 'Read more' link.

- Why engage with planning?** (Image: Two people walking on a path) - There are many reasons why health professionals should engage with planning. [Read more](#) →
- How to engage with planning?** (Image: A harbor with many boats) - To effectively engage with planning you need to understand the planning system. [Read more](#) →
- Why engage with environmental sustainability?** (Image: A person in a high-visibility vest working on a wooden structure) - There are significant overlaps between a preventative approach to health that seeks to address the wider determinants of health. [Read more](#) →

The screenshot shows the 'Environmental sustainability' section of the website. At the top is a navigation menu with links: Home, About, Planners, Health, Sustainability, Joint working, Case studies, and Key resources. Below the menu is a dark teal header with the words 'Environmental sustainability' in white. Underneath, there is a breadcrumb trail: 'Home > Environmental sustainability'. The main content area features three columns, each with a title, an image, and a short paragraph of text with a 'Read more' link.

- Why engage with health and planning?** (Image: A landscape with a pond and trees) - The evidence based benefits for why environmental sustainability specialists might want to engage with health and planning are highlighted here. [Read more](#) →
- How to engage with health?** (Image: Two people walking on a path) - To engage with public health professionals it is recommended that environmental sustainability specialists familiarise themselves with the following information. [Read more](#) →
- How to engage with planning?** (Image: A coastal town with cliffs) - To effectively engage with planning you need to understand the planning system. [Read more](#) →

Joint working is critical

Changes to the environment of communities need to be planned carefully to facilitate the conditions and the lifestyles that lead to improved health/wellbeing outcomes and reduced health inequalities. To achieve this requires **joint working across disciplines**.

The online resource includes a **Joint Working section** that focuses on **key practical topics** involving the crossover of planning, health and environmental sustainability:

<ul style="list-style-type: none">Healthcare infrastructure implications of development	<ul style="list-style-type: none">Tackling obesity/coronary heart disease e.g. access to healthier food/control of takeaways
<ul style="list-style-type: none">Sustainable/active travel	<ul style="list-style-type: none">Energy efficient homes
<ul style="list-style-type: none">Active communities	<ul style="list-style-type: none">Planning for the ageing population
<ul style="list-style-type: none">Climate change resilience	<ul style="list-style-type: none">Reducing health inequalities
<ul style="list-style-type: none">Enhancing air quality	

Each topic includes key messages and links to relevant tools, advice, evidence of impact and case studies.